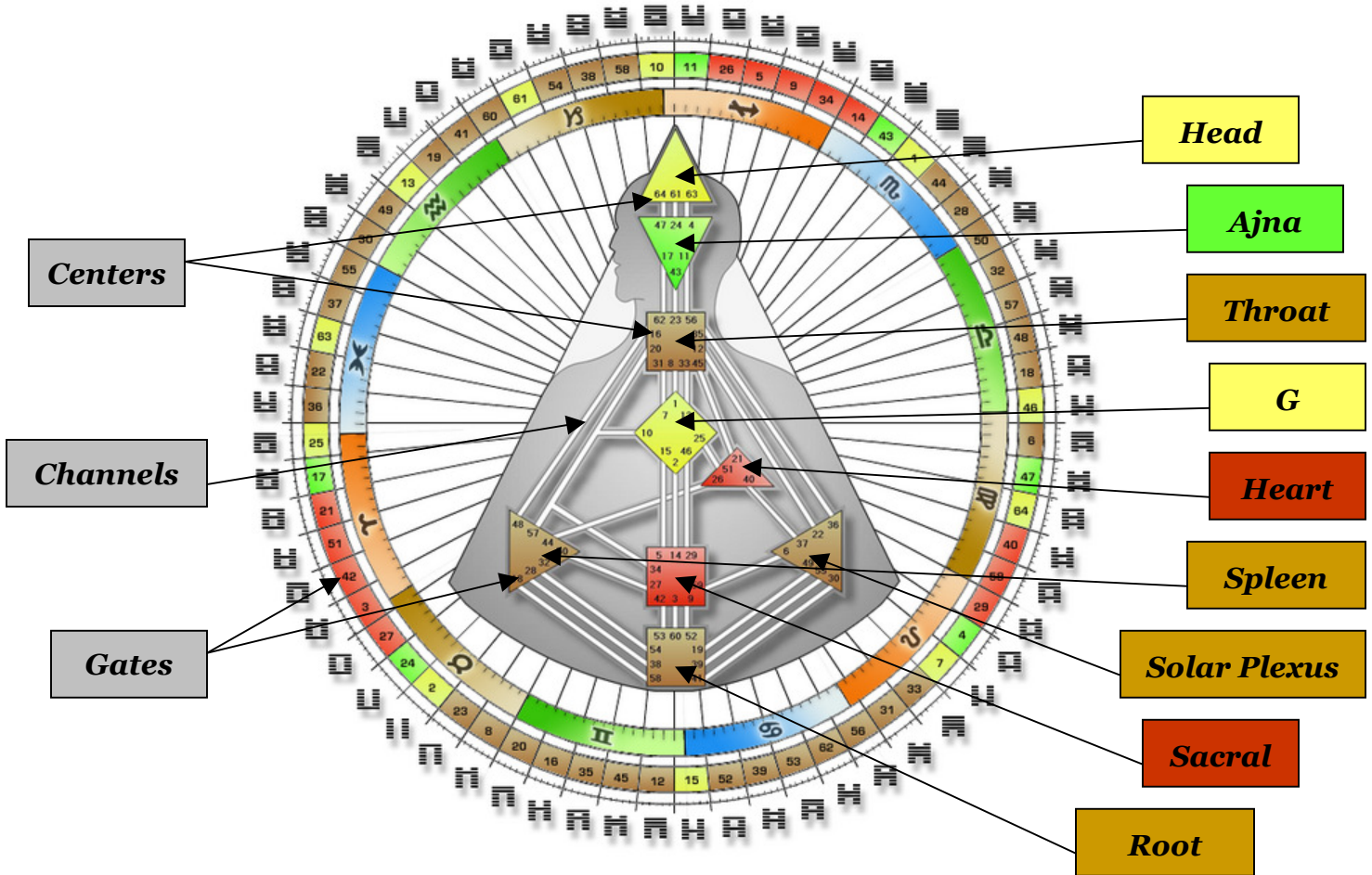


*Know Yourself. Love Your Life.*

# THE HUMAN DESIGN SYSTEM™

## BodyGraph References



### The Red, The Black & The White

**What's Colored in the BodyGraph...we call this Definition** What's innate to us; Our Nature; Where we condition others

**Red/Design:** Unconscious; Reliable

**Black/Personality:** Conscious; Reliable

**What's White in the BodyGraph...we call this Undefined/Open** What's new to us; Nurture; Where we take in the other; Where we're conditioned; Potential for Wisdom

**White:** Inconsistent; Unreliable

### The Centers

**Head:** Pressure; Inspiration

**Ajna:** Awareness; Conceptualization

**Throat:** Manifestation; Metabolism; Communication

**G:** Identity; Direction

**Heart:** Motor; Willpower

**Spleen:** Awareness; Health; Security

**Solar Plexus:** Awareness; Motor; Emotions

**Sacral;** Motor; Life Force

**Root:** Pressure; Motor; Adrenalin

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